



CORE DESIRE

Enneagram Type 9's desire
Having inner stability and
peace of mind; unity

CORE FEAR

Blind Spot

Weakness or roadblock

- Being in conflict, tension or discord; feeling shut out or overlooked; losing connection with others
- Disagreement

Trigger

What brings out the worst

- Being in conflict
- Not feeling connected
- Feeling taken advantage of

PERSONAL GROWTH

Shift to

High side of 3

- Focus
- Find your own agenda
- Understand that you matter
- Make things happen

Shift to

High side of 6

- Become aware of risky situations
- Trust your leadership

TYPE NINE

THE IMPROVER

If it wasn't for you, our world would be without harmony and peace. Your unifying abilities keep our world settled. You feel loved when all is well.

Though you are easy going and accommodating, you struggle with letting your voice be heard.

Remember, sometimes conflict needs to happen for healing.

Remember that conflict is necessary for growth in your relationships.

Resolving disagreements creates intimacy. Expressing your anger directly rather than passively will improve your communication and trust.