



CORE DESIRE

Enneagram Type 3's desire to have high status and respect, being admired, successful and valuable.

CORE FEAR

Blind Spot

Weakness or roadblock

- Being exposed as or appearing incompetent, inefficient, or worthless; failing to be or appear successful
- Deceit
- Avoiding failure

Trigger

What brings out the worst

- Being set up for failure
- Being blamed or not receiving credit

GOAL

Shift to

High side of 6

- Slow down
- Keep your word
- Connect to your feelings

Shift to

High side of 9

- Connect deeply with others
- Disconnect and relax from work
- Consider others when pursuing goals

TYPE THREE

THE ACHIEVER

If it wasn't for you, our world would be without success-driven competition. Your ambition for the best in everything leads us to find the potential, excellence and beauty all around us. You seek love through performance and achievement.

Though you are productive and pragmatic, you struggle with showing your authentic self. Remind yourself that you don't have to change who you are to earn love and respect.

Getting in touch with your authentic self will strengthen your relationships. Notice when you are trying to be the person you think they want you to be rather than being the true you.